



MEDICAL HISTORY

Please indicate if you have had any of the following medical conditions. (Circle all that apply)

- | | | |
|---------------------|---------------------|----------------------|
| Allergies | Fractures | Pacemaker |
| Anemia | Heart Disease | Parkinson's Disease |
| Appendicitis | Hernia | Pinched Nerve |
| Arthritis | Herniated Disk | Prosthesis |
| Cancer | High Blood Pressure | Rheumatoid Arthritis |
| Chemical Dependency | Migraines/Headaches | Scoliosis |
| Diabetes | Multiple Sclerosis | Stroke |
| Epilepsy | Osteoporosis | Thyroid Problems |

Previous cortisone or other steroid injections: (location, date) _____ N/A

Previous surgeries: (type, date) _____ N/A

Current medications/supplements: _____

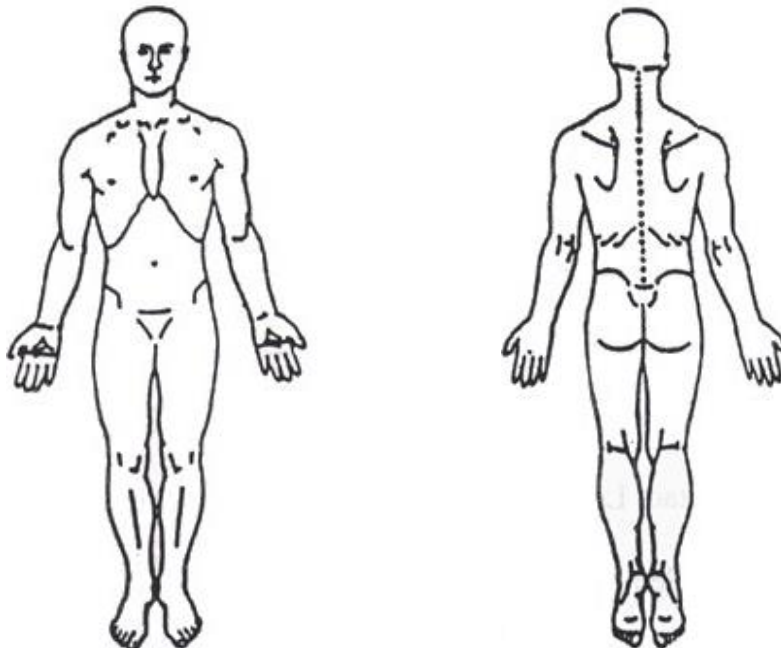
For women: are you pregnant? Yes No Date of last menstrual cycle: _____

FOR MEDICAL STAFF USE ONLY:

HEIGHT: _____ WEIGHT: _____ BP: _____ PULSE: _____

CURRENT COMPLAINT AREAS

Please mark on the figure below your areas of concern. You will be asked to provide a description of your condition(s) on the following page.



CURRENT COMPLAINT DETAILS

Starting with the most severe, please provide information for your current complaints.
(Please see the front desk if you have more than 2 complaint areas).

• Complaint 1.

Problem area: _____ **Onset date:** _____ **Onset reason:** _____

When present, how intense is the pain/condition: (none) 0 1 2 3 4 5 6 7 8 9 10 (excruciating)

How often is pain/condition present: 0-25% 25-50% 50-75% 75-100%

What relieves pain (check all that apply)

laying standing chiropractic ice massage other: _____
 sitting stretching medication heat nothing _____

What aggravates pain (check all that apply)

sitting computer range of motion daily living activities other: _____
 standing weight bearing reaching lifting/carrying objects _____
 sit-to-stand stand-to-sit sit-to-laying laying-to-sit

Quality of pain (check all that apply)

aching shooting throbbing burning dull restriction/tension
 sharp tingling numbness spasm deep superficial

Current/previous treatments for this condition (check all that apply)

chiropractic physical therapy medication: _____
 acupuncture injections other: _____

List any recreational or daily living activities you avoid due to pain: _____

• Complaint 2.

Problem area: _____ **Onset date:** _____ **Onset reason:** _____

When present, how intense is the pain/condition: (none) 0 1 2 3 4 5 6 7 8 9 10 (excruciating)

How often is pain/condition present: 0-25% 25-50% 50-75% 75-100%

What relieves pain (check all that apply)

laying standing chiropractic ice massage other: _____
 sitting stretching medication heat nothing _____

What aggravates pain (check all that apply)

sitting computer range of motion daily living activities other: _____
 standing weight bearing reaching lifting/carrying objects _____
 sit-to-stand stand-to-sit sit-to-laying laying-to-sit

Quality of pain (check all that apply)

aching shooting throbbing burning dull restriction/tension
 sharp tingling numbness spasm deep superficial

Current/previous treatments for this condition (check all that apply)

chiropractic physical therapy medication: _____
 acupuncture injections other: _____

List any recreational or daily living activities you avoid due to pain: _____



CHIROPRACTIC INFORMED CONSENT

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures on me (or on the patient for whom I am legally responsible) by the doctor of chiropractic named below and/or other support staff who now or in the future treat me while working with the chiropractor named below, whether signatories to this form or not.

I have had the opportunity to discuss with the chiropractor and/or with other clinic personnel the nature and purpose of chiropractic adjustments and procedures. I understand that results are not guaranteed.

I understand that, like all health modalities, results are not guaranteed, and there is no promise of cure. I further understand that, as in the practice of medicine, the practice of chiropractic includes possible risks including fractures, disc injuries, strokes, dislocations, or sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment to perform procedures which the doctor feels are in my best interests (based upon the facts then known).

I further understand that there are treatment options available for my condition other than chiropractic procedures. These treatment options include: over-the-counter analgesics and rest; prescription drugs such as anti-inflammatories, muscle relaxants and painkillers; physical therapy; steroid injections; bracing; and surgery. I understand that I have the right to a second opinion if I have concerns about the nature of my symptoms and treatment options.

I have read the above consent and have had the opportunity to ask questions about its content, and by signing below I agree to chiropractic procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Dr. August La Ruffa III, DC

Patient/Guardian Signature **Date**

ACUPUNCTURE INFORMED CONSENT

I hereby request and consent to the performance of acupuncture and other procedures within the scope of acupuncture on me (or on the patient for whom I am legally responsible) by the acupuncturist named below and/or other licensed acupuncturists who now or in the future treat me while working with the acupuncturist named below, whether signatories to this form or not.

I understand that methods of treatment may include acupuncture, electrical stimulation, Chinese massage, Chinese herbal medicine, and nutritional counseling. I will immediately notify a member of the clinical staff if any unanticipated or unpleasant effects associated with treatment occur. I understand that results are not guaranteed.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects. Possible side effects include bruising, numbness or tingling near the needling sites, dizziness or fainting, and burns from the use of heat lamps. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture including lung puncture. Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements that have been recommended are traditionally considered safe, although some may be toxic in large doses. Some possible side effects of taking herbs are nausea, gas, vomiting, headache, diarrhea, and rashes. I understand that some herbs may be inappropriate during pregnancy and I will notify a clinical staff member if I am or become pregnant. I do not expect the clinical staff to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment to perform treatment that is in my best interest (based on facts known at the time).

I have read the above consent, have been made aware of the risks and benefits of acupuncture, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Dr. August La Ruffa III, DC

Patient/Guardian Signature **Date**